

DATE: \_\_\_\_\_

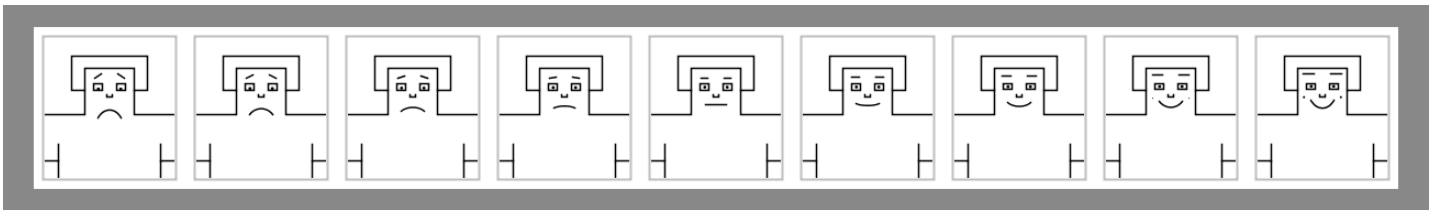
DURATION OF POI PLAY: \_\_\_\_\_

# When you were playing with poi, how did you feel?

Put an "X" over the picture that best describes how you felt while you were playing.

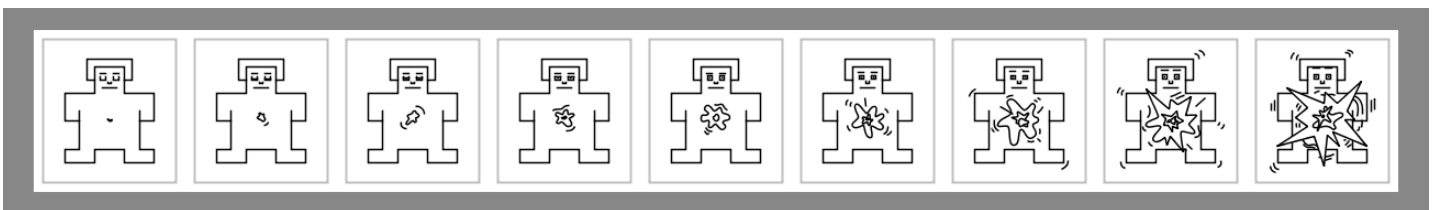
Unhappy

Happy



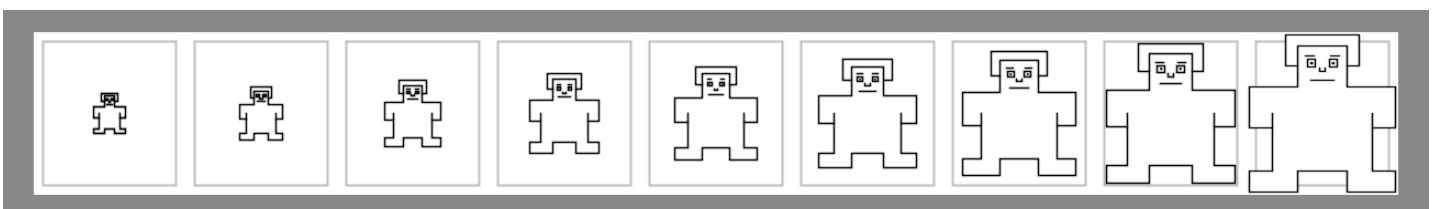
Calm

Excited



Not in control

In control



# Instructions for SAM Assessment

We are interested in how people respond to playing with poi. To measure this, we will be using the Self-Assessment Manikin (SAM), a non-verbal pictorial assessment which measures the pleasure, arousal, and dominance associated with a person's affective reaction to stimuli. Please note, **the survey should be administered IMMEDIATELY after playing with poi** to best capture the emotional reaction of participants.

## Description of the survey scales

The first scale is the unhappy vs. happy scale. One end of the scale indicates feeling completely unhappy, negative, annoyed, unsatisfied, melancholic, despaired, or bored while playing with poi. Participants can indicate feeling completely unhappy by placing an "X" over the figure on the left. The other end of the scale indicates feeling completely happy, positive, pleased, satisfied, contented, or hopeful while playing with poi. Participants can indicate feeling completely happy by placing an "X" over the figure on the right. If a participant felt completely neutral, neither happy nor sad, they can place an "X" over the figure in the middle.

The second scale is the calm vs. excited scale. One end of the scale indicates feeling completely relaxed, calm, sluggish, dull, sleepy, or unaroused while playing with poi. Participants can indicate feeling completely calm by placing an "X" over the figure on the left. The other end of the scale indicates feeling stimulated, excited, frenzied, jittery, wide-awake, or aroused while playing with poi. Participants can indicate feeling completely excited by placing an "X" over the figure on the right. If a participant is not at all excited nor at all calm, they can place an "X" over the figure in the middle.

The last scale is the not in control vs. in control scale. One end of the scale indicates feeling completely not in control, submissive, influenced, unimportant, awed, or guided while playing with poi. Participants can indicate feeling completely not in control by placing an "X" over the figure on the left. The other end of the scale indicates feeling completely in control, influential, powerful, important, dominant, or autonomous while playing with poi. Participants can indicate feeling completely in control by placing an "X" over the figure on the right. If a participant felt neither in control nor not in control, they can place an "X" over the figure in the middle.

## Verbal instructions - read out loud before/during survey administration

"This survey is about how playing with poi made you feel. There are no right or wrong answers, simply respond as honestly as you can. The first scale is about if you felt unhappy or happy while playing poi. Put an "X" over the picture which best describes how you were feeling *[leave time for participants to respond]*. The second scale is about if you felt calm or excited while playing poi. Put an "X" over the picture which best describes how you were feeling *[leave time for participants to respond]*. The last scale is about if you felt not in control, or in control, while playing poi. Put an "X" over the picture which best describes how you were feeling *[leave time for participants to respond]*."