

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Class: \_\_\_\_\_ Duration of class: \_\_\_\_\_

During the lesson were you (circle one):    Sitting        Standing        Combination sitting/standing

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While practicing poi, please rate if your symptoms for each item below were much worse (1), about the same (3), or much better (5).

	<i><b>Much Worse</b></i>			<i><b>Much better</b></i>	
Shaking/trembling	1	2	3	4	5
Stiffness	1	2	3	4	5
Fatigue	1	2	3	4	5
Mood	1	2	3	4	5
Vision	1	2	3	4	5
On/off fluctuations	1	2	3	4	5
Balance (leave blank if sitting)	1	2	3	4	5

How easy or hard did you find playing poi?

1

2

3

4

5

***Very easy***

***Very hard***

Did any of these things limit you from taking part (circle all that apply)?

Pain

Vision Problems

Weakness

Trembling

Stiffness

Fatigue

Other: \_\_\_\_\_

Do you think poi could be helpful for improving your quality of life?

1

2

3

4

5

***No, not helpful at all***

***Yes, very helpful***

Would you like to do poi again?

Yes

No

Any additional comments?